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FOR IMMEDIATE RELEASE

Chai-Na-Ta Corp. Reports 2005 Year-end Results

RICHMOND, BRITISH COLUMBIA – March 13, 2006 – Chai-Na-Ta Corp. (TSX: "CC"; OTCBB: "CCCFF"), the world's largest supplier of North American ginseng, today announced 2005 net loss of \$8.1 million, or \$0.33 per basic share, compared to 2004 net earnings of \$80,000, or \$0.00 per basic share.

Revenue decreased to \$5.8 million in 2005 from \$7.4 million in 2004. Gross margin declined to 6% in 2005 from 35% in 2004.

"Fiscal 2005 featured a number of challenges for Chai-Na-Ta. A strong Canadian dollar has negatively affected ginseng prices and the Company's revenue and profitability. Buyers and grading houses remain resistant to carrying supply, due to concerns about currency fluctuations," said William Zen, Chairman and Chief Executive Officer.

"Rust is another challenge facing growers and, although mainly an aesthetic problem, results in lower root prices below costs," Mr. Zen continued. "Unfortunately, our 2005 harvest had a higher than expected level of rust in both growing regions leading to significant write-downs on inventory and crop costs in 2005. "

With ginseng root prices falling throughout 2005, we realized an average selling price of about \$10 per pound compared to \$21 per pound in 2004.

"While weak ginseng root prices remain a challenge, we feel that the demand for ginseng products remain strong, we sold most of our 2005 harvest rusty root in early 2006. We expect prices to stabilize with slight improvements towards the end of 2006," added Mr. Zen.

"We will continue our focus on maximizing yield and quality while minimizing farm costs and operating expenses in 2006," Mr. Zen said, "We are determined to face the challenges ahead of us and expect to bring sustainable growth and profitability to Chai-Na-Ta's shareholders."

2005 Fourth Quarter

During the quarter ended December 31, 2005, revenue was \$0.9 million, down from \$1.1 million in the same quarter last year. Gross margin was 14.4% in the 2005 fourth quarter compared to a gross loss of 0.6% in the 2004 period. Net loss in the 2005 fourth quarter was \$2.6 million, or \$0.10 per basic share, compared to \$660,000, or \$0.03 per basic share, in the same period last year.

Chai-Na-Ta Corp., based in Richmond, British Columbia, is the world's largest supplier of North American ginseng. The Company farms, processes and distributes North American ginseng as bulk root, and supplies processed material for the manufacture of value-added ginseng-based products.

This news release contains forward-looking statements that reflect the Company's expectations regarding future events. These forward-looking statements involve risks and uncertainties, and actual events could differ materially from those projected. Such risks and uncertainties include, but are not limited to, the success of the Company's ongoing research programs, general business conditions, and other risks as outlined in the Company's periodic filings, Annual Report, and Form 20-F.

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CHAI-NA-TA CORP. CONSOLIDATED FINANCIAL HIGHLIGHTS

	Three Months Ended		Three Months Ended	
	December 31	December 31	December 31	December 31
	2005	2004	2005	2004
<u>Fourth Quarter Summary</u>	Canadian \$000		*US \$000 Equivalents	
(Unaudited)	(except EPS and shares outstanding)		(except EPS and shares outstanding)	
Revenue	\$ 912	\$ 1,079	\$ 753	\$ 829
Loss before taxes	(6,369)	(1,057)	(5,257)	(812)
Net loss for the period	(2,603)	(660)	(2,149)	(507)
Loss per share				
- basic	(0.10)	(0.03)	(0.09)	(0.02)
- fully diluted	(0.10)	(0.03)	(0.09)	(0.02)
Weighted average shares outstanding				
- basic	24,299,008	24,299,008	24,299,008	24,299,008
- fully diluted	24,299,008	24,299,008	24,299,008	24,299,008

	Year Ended		Year Ended	
	December 31	December 31	December 31	December 31
	2005	2004	2005	2004
<u>Annual Summary</u>	Canadian \$000		*US \$000 Equivalents	
	(except EPS and shares outstanding)		(except EPS and shares outstanding)	
Revenue	\$ 5,826	\$ 7,425	\$ 4,808	\$ 5,705
(Loss) earnings before taxes	(12,219)	128	(10,085)	98
Net (loss) earnings for the year	(8,131)	80	(6,711)	61
(Loss) earnings per share				
- basic	(0.33)	0.00	(0.33)	0.00
- fully diluted	(0.33)	0.00	(0.33)	0.00
Weighted average shares outstanding				
- basic	24,299,008	24,290,814	24,299,008	24,290,814
- fully diluted	24,299,008	34,789,122	24,299,008	34,789,122

*US \$ Equivalents - for the period ended December 31, 2005 conversion rate used is 1.2116 (0.8254)

- for the period ended December 31, 2004 conversion rate used is 1.3015 (0.7683)

Amounts in US\$ are included solely for the convenience of readers outside Canada. The inclusion of such amounts is not intended to imply that such amounts were transacted in, realized or settled in US\$ at this rate or any other rate.