



CHAI·NA·TA
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NEWS RELEASE

Chai-Na-Ta Corp. Announces Grant of Incentive Stock Options

RICHMOND, BRITISH COLUMBIA – December 15, 2003 – Chai-Na-Ta Corp. (TSX: "CC"; OTCBB: "CCCFF"), the world's largest supplier of North American ginseng, announced today the grant of incentive stock options to certain directors, officers and employees of the Company to purchase a total of 600,000 common shares at a price of \$0.73 per share exercisable in whole or in part on or before December 15, 2008.

These options are granted under the Company's stock option plan dated May 15, 1997. The Company's management decided not to proceed with the implementation of the new stock option plan which was considered at the Company's May 7, 2003 shareholders' meeting.

ON BEHALF OF THE BOARD
"William Zen"

William Zen
Chairman and Chief Executive Officer

FOR FURTHER INFORMATION PLEASE CONTACT:

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